

Revised 9/21/26

CURRICULUM VITAE
AMY YULE CAMERON

amyyulecameron@gmail.com
Amy.cameron@shorelinecbt.com

EDUCATION

Undergraduate

Bucknell University, 1995-1999
Lewisburg, PA
B.S. Biology

Graduate

Harvard University Extension School 2004-2006
Cambridge, MA
A.L.M Psychology
Master's Thesis Advisor: Daniel M. Wegner, Ph.D.
Master's Thesis Title "Empathy Blocking: Exploring Responses to
Nonsuicidal Self Injury in Observers"

Clark University 2008-2014
Worcester, MA
Ph.D. Clinical Psychology
Doctoral Advisor: Kathleen Palm Reed, Ph.D.
Dissertation: "Addressing Treatment Motivation in Borderline
Personality Disorder: A Phase I Open Trial of Values-Enhanced
Dialectical Behavior Therapy Skills Group"

Post-Graduate Training

Internship: 2013-2014
Warren Alpert Medical School of Brown University
Adult Track

EMPLOYMENT

Shoreline CBT and Coaching
Clinical Psychologist
March 2025 - Present

RICBT

Clinical Psychologist
April 2023 - May 2026

ACADEMIC APPOINTMENTS

Assistant Professor 2014-2024
Department of Psychiatry and Human Behavior
Warren Alpert Medical School of Brown University

HOSPITAL APPOINTMENTS

Clinical Psychologist
OIF/OEF/OND PTSD Specialist
Marriage and Family Therapy Coordinator
Providence VA Medical Center
September 2014 – May 2023

PROFESSIONAL LICENSES

Licensed Psychologist
Rhode Island License PS01558
Active Status

AWARDS AND HONORS

Brown University, Department of Psychiatry and Human Behavior, Triple Board
Excellence in Teaching Award 2019-2020

MEMBERSHIP IN SOCIETIES

2008-Present	Association for Behavioral and Cognitive Therapies
2008	Co-Founder of the Suicide and Self-Injury Special Interest Group
2009-2010	President, Suicide and Self-Injury Special Interest Group
2010-Present	American Psychological Association
2012	Society of Clinical Psychology (Div 12) Campus Representative
2012	APA Campus Representative
2012 – Present	Association for Contextual Behavioral Science
2012 – Present	Association for Psychological Science
2012 – Present	Society for a Science of Clinical Psychology
2012 – Present	International Society for the Study of Self-Injury
2016-2018	President, Suicide and Self-Injury Special Interest Group
2016 – Present	International Society for Traumatic Stress Studies

EDITORIAL SERVICE

Ad hoc reviewer	<i>International Journal of Psychiatry in Clinical Practice</i> <i>Scientific Review of Mental Health Practice</i> <i>Personality and Individual Differences</i> <i>Psychology and Psychotherapy</i> <i>Mindfulness</i> <i>Journal of Contemporary Psychotherapy</i>
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Alcohol and Alcoholism
Psychological Reports
Military Behavioral Health
Emotion and Cognition
Psychological Trauma: Theory, Research, practice and Policy

UNIVERSITY COMMITTEES AND APPOINTMENTS

2008	Clinical Faculty Search Committee, Clark University Dept. of Psychology
2009	Graduate Education Committee, Clark University Dept. of Psychology
2013-2014	Internship Training Committee, Department of Psychiatry and Human Behavior, Warren Alpert Medical School of Brown University
2016-2017	Clinical Supervisor, VA Psychiatry C&L Rotation Providence VA Medical Center Brown University Clinical Psychology Internship Consortium
2016 –2022	Clinical Supervisor, VA Trauma Recovery Services Providence VA Medical Center Brown University Clinical Psychology Internship Consortium
2018-2022	Clinical Supervisor, Marriage and Family Therapy Seminar Providence VA Medical Center

PUBLICATION LIST

1. Abrantes, A., Cohn, A., Strong, D., **Cameron, A.**, Greenberg, B., Mancebo, M., & Brown, R., (2009). Acute changes in obsessions and compulsions following moderate-intensity aerobic exercise among patients with obsessive-compulsive disorder. *Journal of Anxiety Disorders*, 27(3), 923-927. DOI: 10.1016/j.janxdis.2009.06.008
2. Strong, D., **Cameron, A.**, Feuer, S., Cohn, A., Abrantes, A. & Brown, R. (2010). Single Versus Recurrent Depression History: Differentiating risk-factors among current US Smokers. *Drug and Alcohol Dependence*, 109, 90-95. DOI: 10.1016/j.drugalcdep.2009.12.020.
3. **Cameron, A.**, Palm, K. & Follette, V. (2010). Reaction to Stressful Life Events: What Predicts Symptom Severity? *Journal of Anxiety Disorders*, 24(6), 645-649. DOI: 10.1016/j.janxdis.2010.04.008
4. Hines, D., Armstrong, J., Palm, K. & **Cameron, A.** (2012). Gender Differences in

Sexual Assault Victimization Among College Students. *Violence and Victims*, 27(6), 922-940. DOI: [10.1891/0886-6708.27.6.922](https://doi.org/10.1891/0886-6708.27.6.922)

5. Cohn, A., **Cameron, A.**, Udo, T. & Hagman, B. T. (2012). Delineating potential mechanisms of implicit cognitions: Drinking restraint, negative affect and their relationship with approach-alcohol associations. *Psychology of Addictive Behaviors*, 26(2), 318-324. DOI i: 10.1037/a0027281

6. **Cameron, A.**, Palm Reed, K. & Gaudiano, B. (2013). Addressing Treatment Motivation in Borderline Personality Disorder: Rationale for Incorporating Values-Based Exercises into Dialectical Behavior Therapy. *Journal of Contemporary Psychotherapy*, 44,109-116. DOI i: 10.1007/s10879-013-9253-9.

7. **Cameron, A.**, Palm Reed, K. & Ninnemann, A. (2013). Reactivity to Negative Affect in Smokers: The Role of Implicit Associations and Distress Tolerance in Smoking Cessation. *Addictive Behaviors*, 38, 2905–2912. DOI:10.1016/j.addbeh.2013.08.012.

8. Cohn, A. M., Cobb, C., Hagman, B. T., **Cameron, A. Y.**, Ehlke, S. & Mitchell, J. N. (2014). Implicit alcohol cognitions in risky drinking nicotine users with and without co-morbid major depressive disorder. *Journal of Addictive Behaviors*, 39(4), 797-802. DOI: 10.1016/j.addbeh.2013.12.012

9. Ameral, V., Palm Reed, K., **Cameron, A. Y.**, & Armstrong, J.L. (2014). What Are Behavioral Measures of Distress Tolerance Really Capturing? A Mixed Methods Analysis of Distress Tolerance Measures. *Psychology of Consciousness: Theory, Research and Practice*, 1(4), 357. DOI: [10.1037/cns0000024](https://doi.org/10.1037/cns0000024)

10. Palm Reed, K. M., Hines, D. A., Armstrong, J. L., & **Cameron, A. Y.** (2015). Experimental evaluation of a bystander prevention program for sexual assault and dating violence. *Psychology of Violence*, 5(1), 95. <http://dx.doi.org/10.1037/a0037557>

11. Palm Reed, K., **Cameron, A.Y** & Ameral, V. (2017). A Contextual Behavior Science Framework for Understanding How Behavioral Flexibility Relates to Anxiety. *Behavior Modification*, <https://doi.org/10.1177/0145445517730830>

12. Mamon, D., McDonald, E. C., Lambert, J. F., & **Cameron, A. Y.** (2017). Using storytelling to heal trauma and bridge the cultural divide between veterans and civilians. *Journal of Loss and Trauma*, 22(8), 669-680. <https://doi.org/10.1080/15325024.2017.1382653>

13. **Cameron, A.Y.**, Capone, C. & Mamon, D. (2018). Evaluation of an Intensive Outpatient Program for combat Veterans with PTSD. *Military Behavioral Health*, <https://doi.org/10.1080/21635781.2018.1436479>

14. **Cameron, A.Y. & Mamon, D.** (2019). Towards A Better Understanding of Hypervigilance in Combat Veterans. *Military Behavioral Health*, 1-12. <https://doi.org/10.1080/21635781.2018.1526144>
15. **Cameron, A. Y,** Palm Reed, K. & Erisman, S. (2019). The Relationship Among Shame, Nonsuicidal Self-Injury, and Suicidal Behaviors in Borderline Personality Disorder. *Psychological Reports*, doi/pdf/10.1177/0033294118818091
16. **Cameron, A.Y.,** Shea, M.T. & Randall, A. (2020). Acute feelings of shame increase suicidal ideation, urges for suicide and urges for substance use in Veterans with a history of substance use. *Suicide and Life-Threatening Behavior*, 50(1), pp.292-299
17. Capone, C. & **Cameron, A.Y.** (2020). An examination of hope, symptom severity, and functioning among combat veterans after participation in an intensive outpatient program for PTSD. *Journal of Contemporary Psychotherapy*, 50(2), 143-150
18. Eaton, E., Capone, C., Shea, M. T., & **Cameron, A.** (2020). Evaluation of Self-Compassion Focused Group Treatment for Co-Occurring PTSD and Substance Use in Veterans with Posttraumatic Guilt: A Case Study. *International Journal of Group Psychotherapy*, 70(4), 481-508.
19. **Cameron, A. Y.,** Eaton, E., Brake, C. A., & Capone, C. (2020). Moral injury as a unique predictor of suicidal ideation in a veteran sample with a substance use disorder. *Psychological trauma: theory, research, practice, and policy*.
20. **Cameron, A. Y.,** Benz, M., & Reed, K. P. (2021). The role of guilt and shame in psychosocial functioning in a sample of women with borderline personality disorder. *The Journal of Nervous and Mental Disease*, 209(1), 13-16.
21. Shea, M.T., Stout, R.L. , Reddy, M.K., Presseau, C.M., Lambert, J. & **Cameron, A. Y.** (2021) "Treatment of Anger Problems in Previously Deployed Post-9/11 Veterans: A Randomized Controlled Trial" has been successfully submitted online and is presently being given full consideration for publication in *Depression and Anxiety*.

BOOKS AND BOOK CHAPTERS

1. Ninnemann, A., **Cameron, A.,** Labrecque, L., & Stuart, G. L. (2016). *Amphetamines*. In A. Scull & G. Golson (Eds.), *Cultural Sociology of Mental Illness*. Thousand Oaks, CA: Sage Publications.

2. **Cameron, A.** (2015). *Dialectical Behavior Therapy*. In R. Cautin & S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. Hoboken, N.J: Wiley-Blackwell
3. **Cameron, A.** (2016). *Dialectical Behavior Therapy*. Yearbook of Science and Technology. New York, NY: McGraw-Hill.
4. **Cameron, A.** (2018). *Cognitive Behavior Therapy*. Access Science. New York, NY: McGraw-Hill.
5. **Cameron, A.** (2026). *Grateful Habits: 365 Days of Habit Building, Grounded in Neuroscience and Behavioral Science*. Amazon Publishing.

ABSTRACTS

1. Abrantes, A., Strong, D., Lloyd-Richardson, E., Niaura, R., Kahler, C., **Cameron, A.**, & Brown, R. (2007). *Regular Exercise As a Protective Factor in Relapse Following Smoking Cessation Treatment*. Poster presented at the 13th Annual meeting of the Society for Research on Nicotine and Tobacco. San Diego, CA.
2. Cohn, A., **Cameron, A.**, Zeichner, A. (2008). *Effects of Emotion Dysregulation on the Relationship Between Emotional Restriction and Aggressive Behavior in Men*. Poster presented at the 2008 meeting of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
3. **Cameron, A.**, Tanner, A., Lutz, A., Palm, K., Amir, M. (2009). *Background and Rationale for a Focus Group Examining Smoking Cessation in a Substance Abusing Population*. Poster presented at the University of Massachusetts Medical School Psychiatry Department Research Day, Worcester, MA.
4. **Cameron, A.**, Lutz, A., Palm, K., Amir, M. (2009). *Implicit Associations Predicting Non-Suicidal Self-Injury in an Adolescent Female Substance Abusing Inpatient Population: Rationale and Design*. Poster presented at the University of Massachusetts Medical School Psychiatry Department Research Day, Worcester, MA
5. Eubanks, C., **Cameron, A.**, Palm, K. & Cordova, J. (2009). *The effects of personal and partner hostility on smoking outcomes in the NCS-R*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
6. **Cameron, A.** & Palm, K. (2009). *Avoidance of Negative Affect in Smokers: Insight into Rule-Governed Behavior*. In, **Cameron, A.** (Chair), *Reactivity to Negative Affect: Innovative Measurement of a Universal Process*. Paper presented at the annual meeting

of the Association for Behavioral and Cognitive Therapies. New York, NY.

7. **Cameron, A.**, Palm, K., & Follette, V. (2010). *Reaction to Stressful Life Events: What Predicts Symptom Severity?* Poster presented at the 2010 meeting of the World Congress on Cognitive and Behavioral Therapies. Boston, MA.

8. Palm, K.M., Hines, D.A., & **Cameron, A.** (2010, July). *Bystander Prevention Programs: Do They Also Work for Dating Violence?* In Banyard, V. (Chair), Bringing the Community into Sexual Violence Prevention: Evaluation of Prevention Initiatives on 4 Campuses. Paper presented at the annual meeting of the International Family Violence and Child Victimization Research Conference. Portsmouth, New Hampshire.

9. Cohn, A., **Cameron, A.**, Hagman, B. T. & Udo, T. (August, 2011). *A Pilot Test of the Effects of Emotional Dysregulation on Implicit Alcohol Cognitions in Risky Drinking College Students.* Poster presented at the Annual meeting of the Research Society on Alcoholism. Atlanta, GA.

10. Hines, D. A., Palm, K. M., **Cameron, A.** & Armstrong, J. (2011). *A Formative Evaluation of a Campus Bystander Program for Sexual Assault and Dating Violence Prevention.*

11. Ninnemann, A., Addis, M.E., Syzdek, M., **Cameron, A.**, Stuart, G.L., Pardue, C., Amoroso, A., Todorova, R., Elmquist, J., & Senter, M. (November 2011). *Academic, Interpersonal, and Psychological Functioning in College Students Diagnosed with Attention-Deficit/Hyperactivity Disorder.* Poster submitted to be presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

12. **Cameron, A.**, Armstrong, J. & Palm Reed, K. (November 2011). *Experiential Avoidance and Acceptability of Negative Affect in Non-Suicidal Self-Injury.* Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

13. **Cameron, A.**, Armstrong, J. & Palm Reed, K. (November 2011). *Impulsivity and Distress Tolerance in Comorbid Non-Suicidal Self-Injury and Alcohol Use.* Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

14. **Cameron, A.**, Green, J., Palm Reed, K., & Addis, M. (November, 2011). *An Examination of the Forms and Functions of Non-Suicidal Self-Injury in Those With and Without Borderline Personality Disorder.* Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

15. Cohn, A.M., **Cameron, A.Y.**, Hagman, B.T., Mitchell, J., Bramm, S., & Ehlke, S. (2012). *Influence of Gender and Negative Mood Arousal on Implicit Alcohol-Approach Cognitions in Risky Drinkers*. Presentation at the 35th annual Research Society on Alcoholism Conference, San Francisco, CA.
16. Ehlke, S., Cohn, A. M., Hagman, B.T., Mitchell, J.N., & **Cameron, A. Y.** (2012). *Gender differences in thought control strategies and their relation to implicit alcohol cognitions*. Poster presented at the 35th annual Research Society on Alcoholism Conference, San Francisco, CA.
17. **Cameron, A.Y.**, Armstrong, J. & Palm Reed, K. (November 2012). *Mechanisms of Posttraumatic Symptom Severity*. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
18. Armstrong, J., Palm Reed, K. & **Cameron, A.Y.** (November 2012). *The relationships among distress tolerance, responses to disclosure, social support, and posttraumatic stress symptom severity in substance abusers*. Poster accepted for presentation at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
19. Ehlke, S., Cohn, A.M., **Cameron, A.Y.**, Mitchell, J.N., & Bramm, S. (2012). *The association of depression history to implicit alcohol-approach cognitions in a sample of risky drinking men and women*. Presented at the NIDA-sponsored conference on Co-Occurring Disorders and the Justice System, Tampa, Florida.
20. **Cameron, A.Y.**, Palm Reed, K., Gaudiano, B. & Costello, E. (2013). *Examining Psychological Flexibility as a Mechanism of Change in Borderline Personality Disorder Symptom Severity in a DBT Skills Class*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
21. **Cameron, A.Y.**, Palm Reed, K. & Gaudiano, B. (2014). *Values-Focused DBT For a 6-Month Partial Hospital Aftercare Program*. In, **Dalrymple, K.** (Chair), Implementing and Testing Evidence-Based Practices in Routine Clinical Settings: Outcomes in Three Partial Hospital Programs. Paper accepted for presentation at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
22. **Cameron, A.Y.**, Palm Reed, K. & Gaudiano, B. (2015). *Changing Behavioral Reinforcement Patterns by Undermining Rule-Governed Behavior: The Connection Between Distress Tolerance and Valued Living*. In, **Ameral, V.** (Chair), Innovative translational research on reinforcement processes: Connecting basic lab research to inform clinical interventions. Paper presented at the 49th annual meeting of the

Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

23. **Cameron, A.Y. & Shea, M. Tracie.** (2016). *Acute Shame, Substance Use and Suicidal Ideation in Veterans*. In, **Capone, C.** (Chair), Addressing Self-Conscious Emotions in Trauma Related Treatment with Military Veterans. Paper presented at the 32nd annual meeting of International Society of Traumatic Stress Studies, Dallas, TX.

24. **Cameron, A.Y.** (2017). *Expanding PTSD Treatment in VA Settings: Bridging the Gap between Outpatient and Residential Programs with Intensive Outpatient Programs*. Poster accepted for presentation 33rd annual meeting of International Society of Traumatic Stress Studies, Chicago, IL.

25. **Cameron, A.Y. & Mamon, D.** (2017). *Storytelling to decrease shame in PTSD*. Poster presented at the 32nd annual meeting of International Society of Traumatic Stress Studies, Dallas, TX.

26. **Cameron, A.Y. & Capone, C.** (2018). *Rationale, Design and Implementation of an Intensive Outpatient Program for PTSD in Combat Veterans in an Outpatient VA Setting*. In, Walchen, J. (Chair), Novel Treatments for Combat Veterans with PTSD. Paper presented at the 3rd Annual Combat PTSD Conference, San Antonio, TX.

FUNDED GRANTS:

“Feasibility and Acceptability of Theta Burst for Combat Veterans with PTSD Attending an Intensive Outpatient Program” (Cameron)

Role: Principal Investigator

Agency: Center for Neurorestoration and Neurotechnology

Type: Seed Funding

Aim: The proposed study seeks to assess feasibility and acceptability of daily theta burst administration to a cohort of five to six combat Veterans with PTSD and impaired psychosocial functioning over a three-week intensive outpatient program (IOP) in the Trauma Recovery Services Program (TRS); (\$4,800)

“Exploring Shame as a Mechanism for Co-Occurring Substance Use and Suicidal Ideation” (Cameron)

Role: Principal Investigator

Agency: American Foundation for Suicide Prevention

Type: Young Investigator Award 2015-current

Aim: Examine shame as a contextual factor for suicidal cognitions in Veterans and explore various coping strategies for shame on implicit suicidal cognitions.

\$80,000

UNIVERSITY TEACHING ROLES

Brown University General Psychiatry Residency, August 2018-present

Marriage and Family Therapy Seminar and Supervisor

Brown University Clinical Psychology Internship Consortium, August 2017, 2018, 2019, 2020, 2021, 2022

Acceptance and Commitment Therapy Seminar, Adult Track

Guest Lecturer, Colloquium, "Treating Veterans with PTSD," Clark University 2015

Clark University, Spring 2012

Teaching Assistant, Child Assessment

Clark University, Fall, 2009

Co-Instructor, Topics in Addiction Research

Clark University, Spring, 2009

Teaching Assistant, Abnormal Psychology

Clark University, Fall, 2008

Teaching Assistant, Developmental Psych

HOSPITAL TEACHING ROLES

Invited Presentation, "The HOME Program: An Intensive Outpatient Treatment Program for PTSD in Trauma Recovery Services," Providence VA Medical Center April, 2017

RESEARCH MENTORING ROLES

Primary mentor and supervisor for post-doctoral research fellow, Brown University
Jordan Edwards, Ph.D. 2016-2017

Primary mentor and supervisor for post-doctoral research fellow, Brown University
Daria Mamon, Psy.D. 2016-2017

Primary mentor and supervisor for post-doctoral research fellow, Brown University
Dana Goetz, Ph.D. 2020-2021

Primary mentor and supervisor for post-doctoral research fellow, Brown University
Emily Maher, Ph.D. 2021-2022